



INTERNATIONAL MEDITATION CENTER ITALIA

16 January 1988

To Whom It May Concern:

I the undersigned, having lived in The Far East and South East Asia for 15 years and having studied BUDDHIST Meditation under the late Sayagyi U Ba Khin of Burma, was authorized by U Ba Khin to teach Meditation to others under his guidance.

For a period of 15 years I have been conducting 10 day residential meditation courses around the world. Hundreds of courses have been taught with thousands of students attending.

Since 1976, Mr. Fabio Zagato from Milan Italy has attended about 20 of these courses and has attained a high degree of knowledge and proficiency in Buddhism and Buddhist meditation techniques. His proficiency has reached a level that has permitted me to use him as an assistant in conducting courses and also to permit him to conduct entire courses on his own.

John E. Coleman